

## WHAT'S INSIDE...

### THE FOUNDATION GOES VIRTUAL

Due to these unprecedented times, some of our fundraising events will be taking place virtually in the upcoming months.

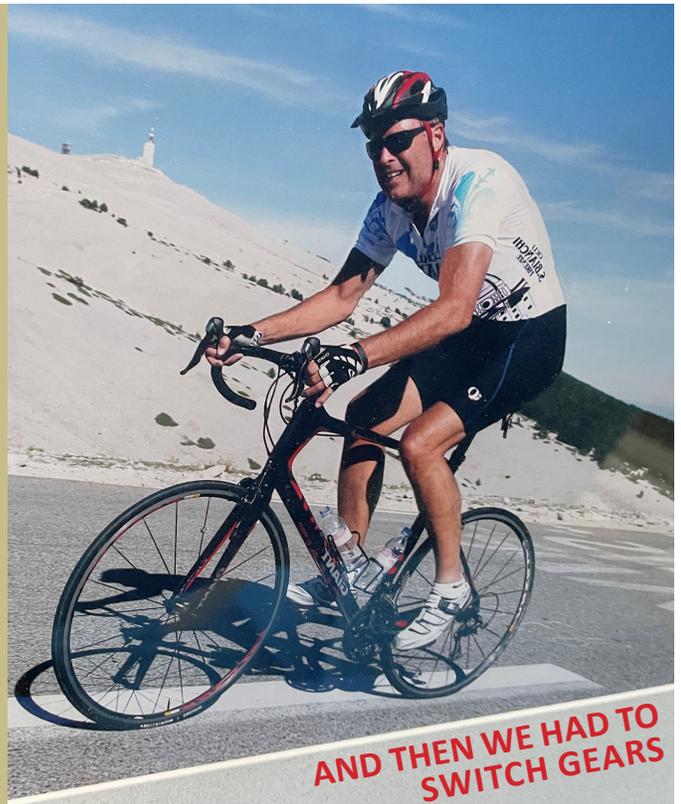
### INCREDIBLE DONORS

Hugh and Betty Watt have given generously over many decades.

### EQUIPMENT NEEDS

You can help to purchase much needed equipment for your community hospital.

In 2020, Bob Clark approached the foundation with a unique fundraising initiative...he wanted to raise funds for Brockville General Hospital's Urology Department by hosting a cycling event on the scenic 1000 Islands Parkway. The Foundation, always one to jump at new fundraising initiatives quickly pulled together an event planning committee made up of community volunteers led by co-chairs Bob Clark and his wife Jane Smylie-Clark.



AND THEN WE HAD TO SWITCH GEARS

## THE CARDIAC REHABILITATION PROGRAM NEEDS YOUR HELP AND SUPPORT!



“ Brockville General Hospital's Cardiac Rehabilitation Program is a vital service provided for people in our community after heart surgery or a heart attack. Patient anxiety is extremely high and the Cardiac Rehabilitation Program not only supports physical but emotional needs. The team of Helen Ostap, BGH RN, and Travis Coughlin, BGH Kinesiologist are simply exceptional. We are so fortunate to have this great program for our community.

*Dr. Jamie Hynd, Cardiologist and Chief of Internal Medicine at Brockville General Hospital (BGH)*

”

...and the beat  goes on...

The 2021 Event is Virtual  
Thursday, June 17<sup>th</sup>, 2021

13<sup>th</sup> Annual  
**HEART & SOLSTICE**

> ISSUE NO. 2 | SPRING 2021

# CARING TIMES



*Providing Growth  
for the Future*

NEWSLETTER OF THE BROCKVILLE AND DISTRICT HOSPITAL FOUNDATION

# BOARD CORNER

## RIDE THE RIVER 2021...IN MEMORY OF DR. DON SMYLIE

Between Saturday May 22, 2021 and Sunday May 30<sup>th</sup>, 2021, we are asking you to get out on your bike – with your family or on your own, in support of Ride the River – the inaugural fundraising event for equipment at Brockville General Hospital.

The cause of Ride the River is critically important as it will support medical staff of BGH to provide the best care for patients. Most people do not realize that the equipment in our hospital, be it in urology, surgery, emergency, or intensive care, is largely funded through local donations.

Ride the River will also recognize the contributions of Doctor Don Smylie who cared for patients at Brockville General and St Vincent de Paul for decades. Colleagues and friends recall Dr. Smylie for his professionalism, knowledge, dedication, sense of humour and his kindness. The generosity of spirit he shared with patients, staff and students yields an enduring legacy that continues to benefit BGH and the surrounding community.

Ride the River is about Health! Your health and the health of your hospital. Together we can make a difference in both.

Let's all do our bit – step up and support Ride the River. Ride with your family or ride on your own, along the Parkway, in your own neighbourhood or on a stationary bike. If you are not able to ride, support a rider or make a donation.

Together we can make Ride the River a success, all in support of securing equipment that will allow your doctors and nurses provide the best possible care for all patients here at Brockville General Hospital.

**Marilies Rettig**  
BDHF Board Chair

**TO REGISTER OR DONATE GO TO  
WWW.RIDINGTHERIVER.CA  
OR CONTACT THE FOUNDATION OFFICE  
613-345-4478.**



**WE'RE SHIFTING GEARS!**

Based on current provincial and local health and safety recommendations, we are shifting gears to keep everyone safe. BGH needs your support now more than ever!

RIDE ON YOUR OWN OR WITH YOUR HOUSEHOLD FROM  
**MAY 22 - MAY 30**  
JOIN US - SUPPORT RIDE THE RIVER  
REGISTER & SET YOUR OWN FUNDRAISING GOAL!

This inaugural event is in memory of Dr. Smylie. Thank you for supporting the Brockville & District Hospital Foundation in its effort to raise funds to purchase a Ureteroscope for the Brockville General Hospital Urology Department.

**SELECT YOUR OWN ROUTE**  
RIDE ON YOUR OWN OR WITH YOUR HOUSEHOLD  
**FUN PRIZES TO BE WON**

Take a photo/video and share it online using  
**#ridetheriver2021**  
Please tag us! bdh\_foundation

SUPPORTED BY  
THE SMYLIE FAMILY  
PARKSTOR  
FOX RUN  
SMUGGLER'S CLEN

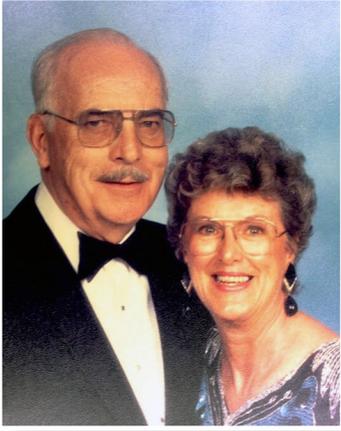
I AM RIDING FOR BGH #ridetheriver2021 www.ridingtheriver.ca



75 Charles Street, Brockville, ON K6V 1S8 - 613-345-4478  
foundation@brockvillegeneralhospital.ca or www.bdhfoundation.com

# CARING & SHARING

## DECADES OF GIVING



**H**ugh and Betty Watt were significant long-time benefactors of worthy causes in and around the Brockville area. Hugh was a very forward thinking business man who focused his philanthropy on youth and technology.

In 2003, Betty purchase a CT scanner (Brockville General Hospital's first), and other diagnostic imaging in memory of Hugh. Betty realized the impact of her gift to Brockville General Hospital when she was flooded with thank-you calls from friends, neighbours and loved ones. Betty continued to support Hugh's

"causes" over the years. In 2009, she donated the GE Muse cardiology system to BGH, which gave physicians instant access to information they needed to diagnose heart disease. These are just some of the gifts made to the hospital over Hugh and Betty Watts decades of giving.

Both Hugh and Betty Watt left this earth many years ago, but they have enriched the lives of many. It was anonymously quoted that, "A simple act of kindness can make a tremendous impact on a person's life." Hugh and Betty Watt's acts of kindness greatly impacted the lives of many.



### CONTINUING IN THE TRADITION AND SPIRIT OF THE WATT'S GIVING...

## EQUIPMENT NEEDS



#### NERVE STIMULATORS 5 needed @ \$4000 each

Nerve stimulators are used in minor surgery to eliminate pain, such as in surgery of the hand, arm, elbows, feet, knees, legs and so on. Its preference over general anesthesia is due to a shorter stay in recovery room and minimized adverse effects.



#### BARIATRIC TRAUMA STRETCHER 1 needed @ \$8000

Stretchers are used for the treatment and transportation of patients in all areas of the hospital, surgical centres and other patient care areas, e.g. diagnostic imaging.



#### WRIST OXIMETER & SOFTWARE 2 needed @ \$1250 each

Wearable technologies are an innovative solution and are used for patient management and disease management. The wearable applications can directly impact clinical decision making.

**CALL (613) 345-4478  
TO DONATE**

75 Charles Street  
Brockville, ON K6V 1S8



# REGISTRATION NOW LIVE!

Register to play or donate today to the 28th FPC Golf Days!  
[www.friendsofpalliativecare.com](http://www.friendsofpalliativecare.com)

FRIENDS HELPING FRIENDS



## FRIENDS OF PALLIATIVE CARE GOLF DAYS

AUG. 31, 2021 • SEPT 1, 2021



75 Charles Street  
Brockville, ON K6V 1S8  
[www.bdfoundation.com](http://www.bdfoundation.com)  
(613) 345-4478

Connect with us!



#### PRIVACY STATEMENT

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